

J. R. Simplot Company

**Simplot Harvest Fresh Avocados Western Guacamole,
Frozen, 6/3Lb**



Inspire more passion in your customers with Simplot Harvest Fresh(TM) Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. Western is the mildest of our three guacamole flavor options, with just right amount of red bell pepper, onion, salt, jalapeno pepper, garlic, and lime juice. Consistent pricing, quality and availability all year. Elevate your menu and check average. Say goodbye to labor and waste; High-Pressure Processed (HPP) for food safety without preservatives

Brand			Manufacturer			Product Category	
Simplot Harvest Fresh Avocados			J. R. Simplot Company			Avocado Guacamole Frozen	
MFG #			GTIN			Pack	Pack Desc.
10071179029830			10071179029830			6	6/3 lbs
Gross Weight		Net Weight	Country of Origin			Kosher	Child Nutrition
20.00 lbs		18.00 lbs	Mexico			Yes	No
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
12.63 inches	8.00 inches	8.63 inches	0.50 cu ft	18x6	547	-10.00 / 10.00 FAH	

INGREDIENTS

Avocado, Red Bell Pepper, Onion, Salt, Jalapeno Pepper, Garlic, Lime Juice Concentrate.

HANDLING

Keep frozen 0°F or below

SERVING

Popular across all dayparts as a dip, topping or ingredient in sandwiches, burgers, omlettes, Mexican dishes and more. Adds the "super food" goodness your health-conscious customers love.

PREP & COOKING

Food Safety Statement: KEEP FROZEN. DO NOT THAW IN MICROWAVE. FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED GUACAMOLE WITHIN 7 DAYS. ONCE THAWED, DO NOT REFREEZE.

Nutrition Facts

272 servings per container

Serving size 30gr

Amount Per Serving
Calories 60

% Daily Value*

Total Fat 5gr 6%

Saturated Fat 1gr 5%

Trans Fat 0gr

Cholesterol 0mg 0%

Sodium 130mg 6%

Total Carbohydrate 2gr 1%

Dietary Fiber 1gr 4%

Total Sugars 0gr

Includes 0 Added Sugars %

Protein 1gr

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 150mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From
Milk, Eggs, Fish, Crustacean, Molluscs, Tree Nuts, Peanuts, Nuts, Sesame, Soy, Corn, Mustard, Sulphites

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Calories	60	Total Fat	5 gr	Sodium	130 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	2 gr	Saturated Fat	1 gr	Iron	0 mg
Sugars	0 gr	TPolyunsaturated Fat	1.5 gr	Potassium	150 mg
Dietary Fiber	1 gr	Monounsaturated Fat	4 gr	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0 NIU	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0