



Los Cabos

Burrito, Bean & Chs Ckd Cn Tff

Burrito -Frozen Bean & Cheese. Each 5.20 oz. burrito provides 2.00 OZ EQV Meat Alternate and 2.00 OZ EQV Grains OR 1.50 OZ EQV Meat Alternate and 1/8 cupLegume Vegetables and 2.00 OZ EQV Grains towards the NSLP, Whole Grain Rich Flour Tortilla. CN labeled. Burritos are bulk packed. 48 count. Preparationinstructions included on box. No more than 480 mg Sodium, Less than 10% Calories from Saturated fat, 0 Trans Fat Added. No less than 315 Kcal. Hand held, FullyCooked. Heat & Serve.-Vegetarian. Los Cabos Brand 67576



✱ Benefits

Burrito -Frozen Bean & Cheese. Each 5.20 oz. burrito provides 2.00 OZ EQV Meat Alternate and 2.00 OZ EQV Grains OR 1.50 OZ EQV Meat Alternate and 1/8 cupLegume Vegetables and 2.00 OZ EQV Grains towards the NSLP, Whole Grain Rich Flour Tortilla. CN la

Ingredients

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color), Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12), Contains 2% or Less of: Salt, Spices, Garlic Powder, Modified Food Starch (Refined From Corn), Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

⚠ Allergens

Contains:

milk soy wheat

Free From:

crustaceans shellfish mollusks
 eggs fish peanuts sesame
 tree nuts

Nutrition Facts

Servings per Container 48
Serving size 1Each (5.2oz)

Amount per serving
Calories 320.86

% Daily Value*	
Total Fat	8.79g12%
Saturated Fat	3.54g18%
Trans Fat	0g
Cholesterol	14.94mg5%
Sodium	475.09mg21%
Total Carbohydrate	44.17g16%
Dietary Fiber	8.17g29%
Total Sugars	1.75g
Includes 0g Added Sugar	0%
Protein	16.71g
Vitamin D	0.58mg3%
Calcium	171.09mg13%
Iron	3.85mg21%
Potassium	576.9mg12%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store Frozen

Serving Suggestions

1 Each

Prep & Cooking Suggestions

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE. Cover sheet pan with parchment paper. Place burritos on pan with flapfacing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times mayvary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min.Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Refrigerated: Heat for 40 seconds. Let rest for 15seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

✎ Product Specifications

Brand	Manufacturer	Product Category
Los Cabos	M.C.I. Foods, Inc.	Burritos, Chimichangas, & Enchiladas

MFG #	SPC #	GTIN	Pack	Pack Desc.
67576		10706574675763	1	48/5.2 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.91lb	15.6lb	USA	No	Yes

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
19in	15.5in	3.63in	0.62ft3	6x11	365DAYS	-10°F / 10°F



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BURRITO, BEAN & CHEESE COOKED CHILD-NUTRITION TFF BULK PACK FROZEN WHOLE GRAIN



Nutrition Analysis - By Serving

Calories	320.86	Total Fat	8.79g	Sodium	475.09mg
Protein	16.71	Trans Fats	0g	Calcium	171.09mg
Total Carbohydrates...	44.17g	Saturated Fat	3.54g	Iron	3.85mg
Sugars	1.75g	Added Sugars	0g	Potassium	576.9mg
Dietary Fiber	8.17g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	14.94mg		
Vitamin A(IU)•	56.09	Vitamin D	0.58mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	1.64mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

