



Nutrition Facts

6 servings per container
Serving size 1 Loaf (56g)

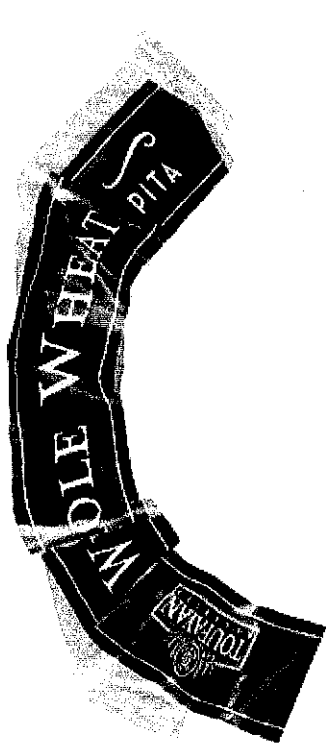
Amount per serving
Calories 160

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 31g	11%
Dietary Fiber 4g	14%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 7g	
Vitamin D 0.4mcg	2%
Calcium 20mg	2%
Iron 1.8mg	8%
Potassium 180mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: STONEGROUND WHOLE WHEAT FLOUR, WATER, SUGAR, YEAST, WHEAT GLUTEN, CONTAINS 2% OR LESS OF: SALT, WHEAT STARCH, MALTODEXTRIN, MICROCRYSTALLINE CELLULOSE, DOUGH CONDITIONER (BROMELAIN), CALCIUM PROPIONATE (PRESERVATIVE).

CONTAINS: WHEAT



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