NUTRITIONAL INFORMATION

7905 QUIVIRA ROAD
LENEXA, KS 66215
PHONE 800-669-4092 · FAX 913-890-5663

CARAVAN INGREDIENTS

Whole Wheat Pullman 36oz - Pechters

Number of Servings: 15472.29 (33 g per serving)
Weight: 580112.8 g (Yield: 510585.61 g)

Nutrition Facts

Serving Size 1 Slice (33g)
Servings Per Container 31

Amount Per Serving

Calories 60	Calories from Fat 5
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 3g	

Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Thiamin 10%	• Riboflavin 4%
Niacin 6%	• Folate 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

RP BAKING
840 JERSEY ST.,
HARRISON, NJ 07029

Ingredients:

ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN SYRUP, SALT, SOY OIL, YEAST, CARAMEL COLOR (CONTAINS SULFITING AGENTS), CALCIUM PROPIONATE (A PRESERVATIVE), SOY FLOUR, MONO-DIGLYCERIDES, ETHOXYLATED MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE (SSL), GUAR GUM, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM), POLYSORBATE 60, ASCORBIC ACID, ENZYME, AZODICARBONAMIDE (ADA), PROPIONIC ACID, SODIUM PROPIONATE (A PRESERVATIVE), PHOSPHORIC ACID.