

White Pullman



Analytical Results

Sample Number: L1325785-1

33OZ LOAF POTMAN WHITE BREAD

Nutrition Facts

Serving Size 1 slice (28g)
Servings Per Container 33

Amount Per Serving

Calories 70 Calories from Fat 10

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 170mg 7%

Total Carbohydrate 14g 5%

Dietary Fiber 0g 2%

Sugars 1g

Protein 3g

Vitamin A 0% Vitamin C 0%

Calcium 2% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on
your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

Caution: Report applies only to sample tested.

Page 3 of 9

Serial Number: 442811

Thomas J. Hines
Thomas J. Hines, President