

Yoplait

227380 - Yoplait(R) Light Yogurt Single Serve Cup Blueberry Pa...

The irresistible creaminess of Yoplait(R), fat free, and 90 calories per single serve cup. This blueberry gluten-free yogurt is a delicious way to help patrons who are looking to manage their weight. Made live and active cultures and without high fructose corn syrup.



MARKETING

Suitable as part of the International Dysphagia Diet Standardization Initiative (IDDSI).. This light, creamy blueberry yogurt is suitable for breakfast and grab-and-go service. It provides a good source of nutrients like protein, calcium, vitamins A and D.. Made With Goodness: Yoplait Light yogurt is a good source of Calcium & Vitamin D and fat free.. Gluten Free. Contains no artificial flavors. No colors from artificial sources. No high fructose corn syrup.. Yoplait 6 oz yogurt cups meet Kosher requirements and contain 0g trans fat.. This Light Style Yogurt comes in a 12 count, 6oz cup formatted case ...

Nutrition Facts

12 Servings per container

Serving Size	1 container
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 75 mg	3%
Total Carbohydrates 15 g	6%
Dietary Fiber 0 g	0%
Total Sugars 7 g	
Includes 1 g Added Sugars	2%
Protein 5 g	

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
652000	227380	10070470006526	12/6 OZ

Brand	Brand Owner	GPC Description
Yoplait	GENERAL MILLS SALES INC.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
5.010 LBR	4.50 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.620 INH	8.000 INH	3.750 INH	0.18400 FTQ	22x10	70 Days	33 FAH / 45 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - 30

Soy - 30

Wheat - 30

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

Serve as is

INGREDIENTS

Cultured Grade A Nonfat Milk, Water, Blueberries, Modified Corn Starch, Allulose, Kosher Gelatin, Tricalcium Phosphate, Natural Flavor, Citric Acid, Potassium Sorbate Added to Maintain Freshness, Sucralose, Acesulfame Potassium, Red #40, Vitamin A Acetate, Blue #1, Vitamin D3.

HANDLING SUGGESTIONS

KEEP REFRIGERATED

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	80	Total Fat	0 g	Sodium	75 mg
Protein	5 g	Trans Fat	0 g	Calcium	210 mg
Total Carbohydrates	15 g	Saturated Fat	0 g	Iron	0 mg
Sugars	7 g	Added Sugars	1 g	Potassium	250 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg		
Vitamin A (IU)	190	Vitamin D	2.9 mcg	Thiamin	
Vitamin A (RE)	190	Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



LOW_SALT	YES	FREE_FROM_GLUTEN	YES	KOSHER	YES
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