



WHOLE MILK YOGURT

Fresh, Local, Premium Quality Dairy from our ten family farms in Columbia, Dutchess, and Ulster Counties.

Product Code	Description	Unit Size	Pack size	Storage Info	Shelf Life	UPC #
WPLYGTQT	Plain Whole Milk Yogurt	32 oz.	6 units / case	35-38°F	35 days	746104555311

Nutrition Facts	
5 Servings Per Container Serving size 2/3 cup (170g)	
Amount per serving	140
Calories	% Daily Value*
Total Fat 6g	8%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 130mg	6%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 9g	
Vit. D 4mcg 20%	Calcium 306mg 25%
Iron 0mg 0%	Potas. 401mg 8%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

No stabilizers or added sugars.

Active Yogurt Cultures:
B. Lactis, L. Acidophilus, L. Bulgaricus,
L. Lactis, S. Thermophilus

For more information:

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