



Esbensshade, Inc.
1060414741 - Eggs A Wh Lg Ct (Esb Foam)

Eggs are an all-natural source of high-quality protein and a number of other nutrients. Cost-effective and versatile, the unique nutritional composition of eggs can help meet a variety of nutrient needs of children through older adults.



Nutrition Facts

Servings per Container **360**
Serving size **1 (1Eaches)**

Amount per serving
Calories 70

% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 185mg	61%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 1µg	5%
Calcium 28mg	2%
Iron 1mg	5%
Potassium 69mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*** Benefits**

Ingredients

Raw Egg

⚠ Allergens

Contains:

eggs

Free From:

crustaceans fish dairy peanuts
sesame soy tree nuts wheat

Handling Suggestions

SAFE HANDLING INSTRUCTIONS: To prevent illness from bacteria: keep eggs refrigerated, cook eggs until yolks are firm, and cook foods containing eggs thoroughly

Serving Suggestions

1

Prep & Cooking Suggestions

Poaching

✏ Product Specifications

Brand		Manufacturer		Product Category			
Esbensshade Farms		Esbensshade, Inc.		Eggs, In Shell			
MFG #	SPC #		GTIN		Pack	Pack Desc.	
2ESF021	1060414741		40097009210224		30	1/30 dozen	
Gross Weight		Net Weight		Country of Origin		Kosher	Child Nutrition
48lb		45lb		USA		No	No
Shipping Information							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
23.75in	11.88in	13.38in	2.18ft3	6x5	60DAYS	33°F / 45°F	



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Grade A White Eggs. Size: Large Pack: 1 Dozen Styrofoam Carton



Nutrition Analysis

Calories	70kcal	Total Fat	5g	Sodium	70mg
Protein	6g	Trans Fats	0g	Calcium	28mg
Total Carbohydrates...	0g	Saturated Fat	1.5g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	69mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	1mg
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	185mg		
Vitamin A(IU)•	270NIU	Vitamin D	1µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	0.2mg
Magnesium		Vitamin B-6	0.09mg	Vitamin B-1 2•	0.4µg
Monosodium		Sulphites		Nitrates	

 Additional Images

