

Grated Romano 12/16

Nutrition Facts

85 servings per container

Serving size 1 tsp (5g)

Amount Per Serving

Calories 25

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 1mg 1%

Sodium 15mg 5%

Total Carbohydrate 2g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 1mcg 1%

Calcium 60mg 6%

Iron 0.4mg 0%

Potassium 6mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.