

NUTRITIONAL PANEL - 28g

Recipe 040

Effective Date: 5/26/2017

Supersedes: 4/12/2017

LOW MOISTURE MOZZARELLA CHEESE

Nutrition Facts		
___ Servings Per Container		
Serving size		1 OZ (28g)
Amount Per Serving		
Calories		90
		% Daily Value*
Total Fat	7g	9%
	Saturated Fat 4.5g	22%
	Trans Fat 0g	
Cholesterol	20mg	7%
Sodium	200mg	9%
Total Carbohydrate	less than 1 gram	0%
	Dietary Fiber 0g	0%
	Total Sugars 0g	
	Includes 0g Added Sugars	0%
Protein	6g	12%
Vitamin D	0mcg	0%
Calcium	170mg	15%
Iron	0mg	0%
Potassium	0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.		



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Customer Information - Nutrition Facts

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NUTRIENT	per 100g	per 30g	per 28g
<i>Water (g)</i>	47.357	14.207	13.260
<i>Ash (g)</i>	4.020	1.206	1.126
<i>Calories</i>	316.992	95.098	88.758
<i>Total Fat (g)</i>	24.500	7.350	6.860
<i>Saturated Fat (g)</i>	16.069	4.821	4.499
Polyunsat fat (g)	0.770	0.231	0.216
Monounsaturated fat (g)	8.260	2.478	2.313
<i>Trans Fat (g)</i>	0.930	0.279	0.260
<i>Cholesterol (mg)</i>	73.700	22.110	20.636
<i>Sodium (mg)</i>	708.102	212.431	198.269
<i>Total Carbohydrate (g)</i>	2.263	0.679	0.634
<i>Dietary Fiber (g)</i>	0.000	0.000	0.000
Soluble Fiber	N/A	N/A	N/A
Insoluble Fiber	N/A	N/A	N/A
<i>Total Sugars (g)</i>	0.000	0.000	0.000
<i>Added Sugars (g)</i>	0.000	0.000	0.000
<i>Protein (g)</i>	21.860	6.558	6.121
<i>Vitamin D (mcg)</i>	0.000	0.000	0.000
<i>Potassium (mg)</i>	115.000	34.500	32.200
<i>Calcium (mg)</i>	621.000	186.300	173.880
<i>Iron (mg)</i>	0.000	0.000	0.000

TOTAL PROXIMATE ANALYSIS = 100.000

Nutrition data meets FDA Nutrition Labeling Revision rule effective July 26, 2016