



**Product Nutrition Data
Per Serving and Per 100g**

Printed On: 2/14/2014

Effective Date:

10/31/2013

Product Name : PHILADELPHIA Reduced Fat Cream Cheese
UPC : 2100061094
GTIN : 00021000610945
Serving Size: 21g
Serving Description: 3/4 oz (21g)

Nutrient Name and Unit of Measure	Value per serving (Rnd)	% Daily Value **	Value per 100g
Calories	45		216.8
Calories from Fat	35		162
Total Fat (g)	4	6%	18
Saturated Fat (g)	2.5	13%	10.98
Trans Fat (g)	0		0.88
Cholesterol (mg)	15	5%	67.5
Sodium (mg)	95	4%	456.31
Potassium (mg)	50		228.88
Total Carbohydrate (g)	1	0%	6.19
Dietary Fiber (g)	0	0%	0.26
Sugars (g)	1		5.65
Protein (g)	2		7.43
Moisture (G)			66.56
Vitamin A (IU)		4%	1295.57
Vitamin C (mg)		0%	1.83
Calcium (mg)		2%	146.34
Iron (mg)		0%	0.06
Thiamin (mg)			0.03
Riboflavin (mg)			0.16
Niacin (mg)			0.08
Phosphorus (mg)		2%	145.01
Zinc (mg)			
Sugar Alcohols(g)			
Vitamin D(IU)			
Vitamin E(IU)			
Vitamin B6(mg)			
Folate(mcg)			
Vitamin B12(mcg)			
Biotin(mcg)			
Pantothenic Acid (mg)			
Magnesium (mg)			
Ash (g)			1.77

Data Last Refreshed: 2/13/2014

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