



NUTRITIONAL PANEL - 28g

Recipe 335A-CRUMBLE

Effective Date: 7/26/2018

Supersedes: 5/11/2017

BLUE CHEESE CRUMBLES

Nutrition Facts		
___ Servings Per Container		
Serving size		1/4 CUP (28g)
Amount Per Serving		
Calories		100
		% Daily Value*
Total Fat	8g	10%
	Saturated Fat 4.5g	23%
	Trans Fat 0g	
Cholesterol	25mg	8%
Sodium	360mg	15%
Total Carbohydrate	2g	1%
	Dietary Fiber less than 1 gram	3%
	Total Sugars 0g	
	Includes 0g Added Sugars	0%
Protein	5g	11%
Vitamin D	0mcg	0%
Calcium	110mg	8%
Iron	0mg	0%
Potassium	0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.		



BLUE CHEESE CRUMBLES
Customer Information - Nutrition Facts

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NUTRIENT	per 100g	per 30g	per 28g
<i>Water (g)</i>	44.683	13.405	12.511
<i>Ash (g)</i>	3.550	1.065	0.994
<i>Calories</i>	342.887	102.866	96.008
<i>Total Fat (g)</i>	27.163	8.149	7.606
<i>Saturated Fat (g)</i>	16.655	4.996	4.663
Polyunsat fat (g)	0.844	0.253	0.236
Monounsaturated fat (g)	6.082	1.825	1.703
<i>Trans Fat (g)</i>	0.854	0.256	0.239
<i>Cholesterol (mg)</i>	82.644	24.793	23.140
<i>Sodium (mg)</i>	1271.630	381.489	356.056
<i>Total Carbohydrate (g)</i>	5.545	1.663	1.552
<i>Dietary Fiber (g)</i>	2.880	0.864	0.806
Soluble Fiber	0.000	0.000	0.000
Insoluble Fiber	2.880	0.864	0.806
<i>Total Sugars (g)</i>	0.000	0.000	0.000
<i>Added Sugars (g)</i>	0.000	0.000	0.000
<i>Protein (g)</i>	19.061	5.718	5.337
<i>Vitamin D (mcg)</i>	0.000	0.000	0.000
<i>Potassium (mg)</i>	85.942	25.783	24.064
<i>Calcium (mg)</i>	392.850	117.855	109.998
<i>Iron (mg)</i>	0.000	0.000	0.000

TOTAL PROXIMATE ANALYSIS = 100.000

Nutrition data meets FDA Nutrition Labeling Revision rule effective July 26, 2016