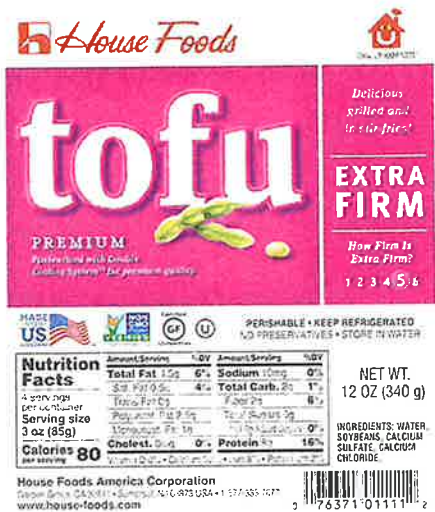




12oz



NUTRITION FACTS

Servings per Package: 4

Serving size: 3oz (85g)

Amount per serving

Calories 80

% Daily Value*

Fat 4.5g 6%

Saturated Fat 0.5g 4%

Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Carbohydrates 2g	1%
Fiber 2g	6%
Sugar 0g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D	0%
Calcium	10%
Iron	8%
Potassium	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Water, Soybeans, Calcium sulfate, Calcium chloride

VIEW LESS —

Premium Tofu Extra Firm

A great meat alternative that's packed with 8g of plant protein per serving. Try it in burgers, tacos or skewers.